

BEYOND SLIM®

The Fitter, Healthier, Happier Company™

# ZipSlim®

Product Guide



# ZipSlim®



## Unlock more Weight Loss and Supercharge Your Health with ZipSlim!

Lose 3x More Weight\*, reduce cravings and combat Metabolic Overload, the leading cause of mid-life weight gain.

With 14 scientifically validated super nutrients, ZipSlim is the ultimate wellness mix to elevate your overall health and well-being.

### Why You'll Love It



SUPPORT  
HEALTHY  
WEIGHT LOSS



IMPROVE  
ENERGY  
LEVELS



FITTER  
HEALTHIER  
HAPPIER  
LEMONADE

Only 25 Calories

No artificial colors, flavors, sweeteners or preservatives

Gluten Free, Dairy Free, Non-GMO, Keto, Vegetarian & Paleo Friendly

One product to replace a dozen and deliver Full-Circle Wellness!

### Suggested Usage

Mix ZipSlim® in 12-20oz. of water in seconds, and enjoy!

Enjoy it twice a day – before your 2 largest meals

Available “Charged” or Caffeine-Free

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZipSlim®

⚡ CHARGED (CAFFEINE) ⚡



Enjoy 1 hour before a meal and experience a smooth surge of energy thanks to 100mg of natural caffeine extracted from Green Tea.

### Supplement Facts

Serving size: 1 Packet (9.2g)

	Amount Per Serving	% Daily Value*
	25	
Total Carbohydrate	6g	2%
Total Sugar	3g	
Includes 3g Added Sugars		6%
Vitamin C (ascorbic acid)	500mg	556%
Vitamin D (D <sub>3</sub> , as cholecalciferol)	25mcg	125%
Vitamin B (methylcobalamin)	12mcg	500%
Magnesium (as magnesium citrate)	105mg	25%
Chromium (as chromium picolinate) (Chromax®)	300mcg	857%
Potassium (as potassium citrate)	200mg	4%
Green Tea Leaf Extract (100 mg natural caffeine)	200mg	†
<b>Metabolic Activation Complex™</b>	<b>530mg</b>	†
KSM-66® Organic Ashwagandha Extract ( <i>Withania somnifera</i> ) (Root)		
GreenSelect® Phytosome Green Tea Extract ( <i>Camellia sinensis</i> ) (Leaf) with Sunflower Lecithin		
Quercetin		
Milk Thistle Extract ( <i>Silybum Marianum</i> )		
Turmeric Extract ( <i>Curcuma longa</i> ) (95% Curcuminoids) (Root)		
Alpha Lipoic Acid		
Ginger Extract (Rhizome)		
Rhodiola Extract ( <i>Rhodiola rosea</i> ) (Root)		

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value are not established.

**Other Ingredients:** Organic Cane Sugar, Natural Blackberry Flavor, Natural Lemon Flavor, Citric Acid, Erythritol, High Purity Steviol Glycosides (Stevia Leaf Extract), Silicon Dioxide, Fruit and Vegetable Juice (for color).

Chromax®, including the Chromax® logo, is a registered trademark of Nutrition 21, LLC.  
Chromax® is patent protected.  
Greenselect® is a trademark of Indena S.p.A., Italy.

ZipSlim®

CAFFEINE FREE



All the same benefits of ZipSlim® Charged, just without the caffeine. Enjoy 1 hour before any meal and enjoy losing 3x more weight than with dieting alone\*.

### Supplement Facts

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	Amount Per Serving	% Daily Value*
Calories	25	
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Total Sugar	3g	
Includes 3g Added Sugars		6%
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Vitamin B <sub>12</sub> (methylcobalamin)	12mcg	500%
Magnesium (as magnesium citrate)	105mg	25%
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# One Product to a Fitter, Healthier, Happier™ You.

ZipSlim® is a single product that delivers Full-Circle Wellness. Offering the benefits of 14 supplements in one, being your best self has never been easier!

WEIGHT LOSS\*

REDUCTION IN WAIST SIZE\*

INCREASED MUSCLE MASS\*

STRONGER IMMUNE SYSTEM\*

MORE ENERGY\*

REDUCED FEELINGS OF STRESS\*

HAPPIER MOOD\*

INCREASED PHYSICAL FITNESS\*

BETTER SLEEP QUALITY\*

REDUCTION IN FREE RADICALS\*

ANTI-AGING\*

IMPROVED MEMORY\*



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As Seen In



## What people are saying

Read over 300 *Before to Beyond* stories!



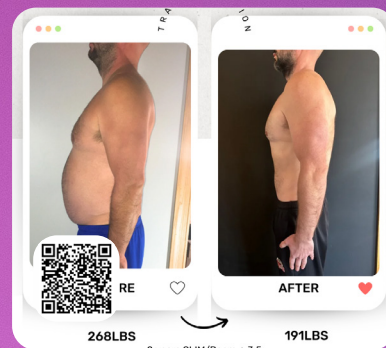
"When I started using Beyond Slim products and incorporated the 9 Reboot Rituals, I finally saw the breakthrough I had been waiting for. The Reboot 66 program helped me build simple, sustainable habits that didn't feel overwhelming, and the community support was a game-changer. What I love most about ZipSlim® is how **it curbs my cravings, keeps my energy steady, and helps me feel in control.** My body started to work with me instead of against me." \*

read my story



"I was exhausted, watching numbers repeatedly go up and down on the scale. There were days when brain fog plagued my ability to realize my goals. I was consistently bloated, moody, and feeling overwhelmed. At that point, I had nothing to lose! After using ZipSlim over time, I started to feel the "fog" lift and I was thinking clearer! Before I knew it, the pounds and pant sizes were dropping consistently! As of today **I have lost 85 pounds** and dropped 10 pant sizes **PLUS improved strength, stamina, energy, focus, and mood!**" \*

read my story



"Before starting Beyond Slim, I was struggling with my weight, stress, and constant exhaustion. No matter how much effort I put in, it felt like nothing was working. I was trying to get my health on track by working with professionals, but I wasn't seeing results. It felt like one roadblock after another. ZipSlim helped me make noticeable progress with my energy and weight - which is **77 pounds lost!** Now, I wake up with **more energy** and motivation, and I feel like I can take on life with a renewed sense of purpose." \*

read my story

\*Fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim®, along with a lower calorie diet (1350 calories for women/1850 calories for men), lost 30 pounds in just 13 weeks, compared to just 10 pounds for those following the lower calorie diet alone.



**Blackberry Lemonade**

**Cherry Limeade**

# Options for everyone!

With options for Charged (caffeinated) and caffeine-free, in 2 delicious flavors, there's something for every body and every lifestyle!

THE PROOF IS IN THE DATA

How can you trust that ZipSlim® will work for you?

# Published Clinical Studies.



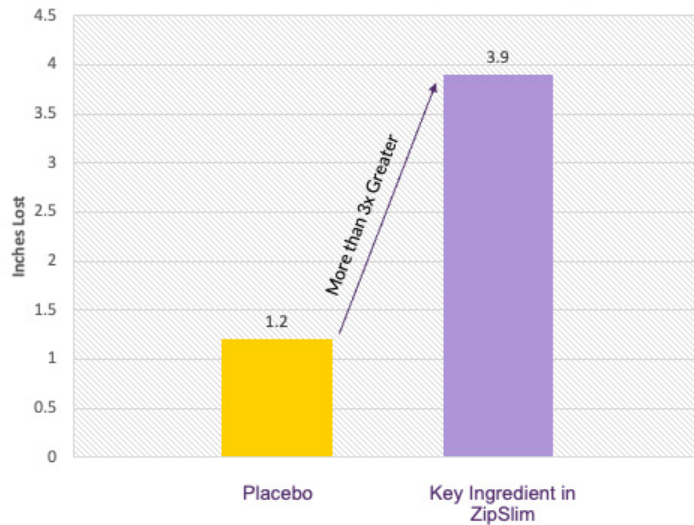


## REDUCTION IN WAIST SIZE

In a 2013 published clinical study, 100 overweight participants (Avg. BMI 31) were put on a diet (1250 calories for women; 1500 for men) and exercise plan (30 min per day of 70% aerobic/30% strength training). 50 of the patients were given one of the key ingredients in ZipSlim® twice a day and 50 were given a placebo pill.

After 24 weeks the placebo group lost 1.2 inches from their waist and the key ingredient group lost 3X more, a whopping 3.9 inches!\*

Reduction in Waist Size (24 Weeks)



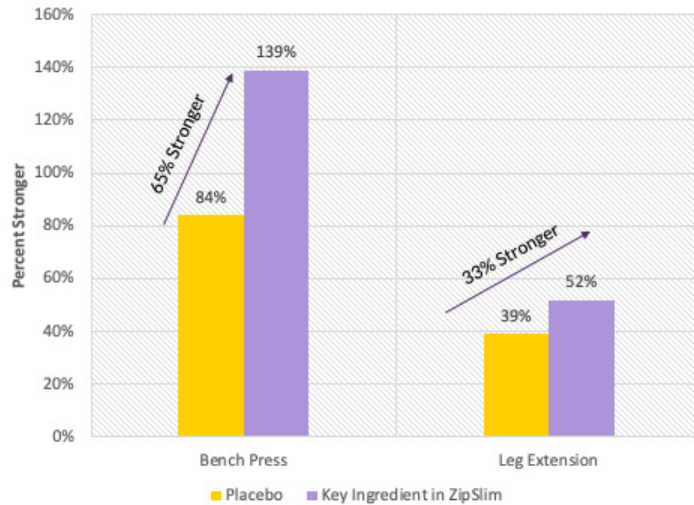
*Belcaro G, Ledda A, Hu S, et al. Greenselect Phytosome for borderline metabolic syndrome. Evidenced Based Complementary Alternative Medicine 2013.*



## INCREASED MUSCLE STRENGTH

In a 2015, 8 week, double-blind, placebo-controlled study, 57 male subjects ages 18-50 years old, were given either one of the key ingredients in ZipSlim® or a placebo to see if it would help increase muscle strength after resistance training. **The results were dramatic: 33-65% Stronger\*!**

Increased Muscle Strength (8 Weeks)



*Examining the effect of Withania somnifera supplementation on muscle strength and recovery: a randomized controlled trial Wankhede, S., Langade, D., Joshi, K., Sinha, S. R., & Bhattacharyya, S. (2015). Journal of the International Society of Sports Nutrition, 12(1), 43.*

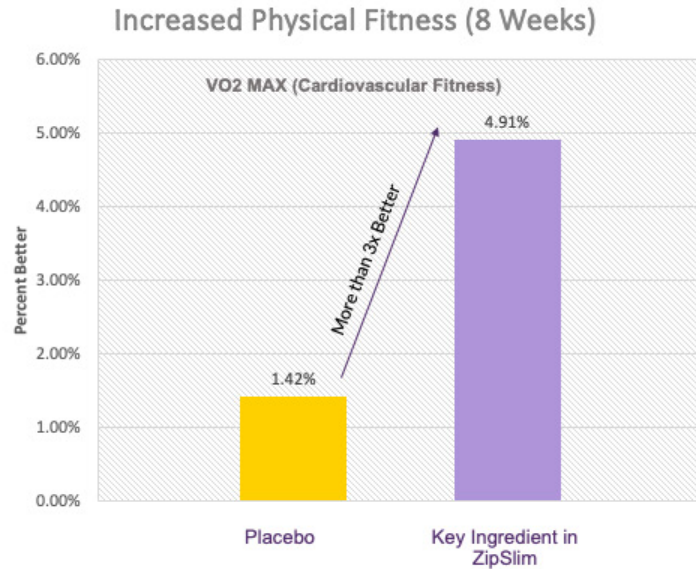
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## INCREASED PHYSICAL FITNESS

In a 2015, 8-week, randomized, double-blind, placebo-controlled study on 50 healthy adults between 20 and 45 years old with normal body mass index (BMI), a key ingredient in ZipSlim® was found to increase cardiovascular endurance 3X better than placebo!\*

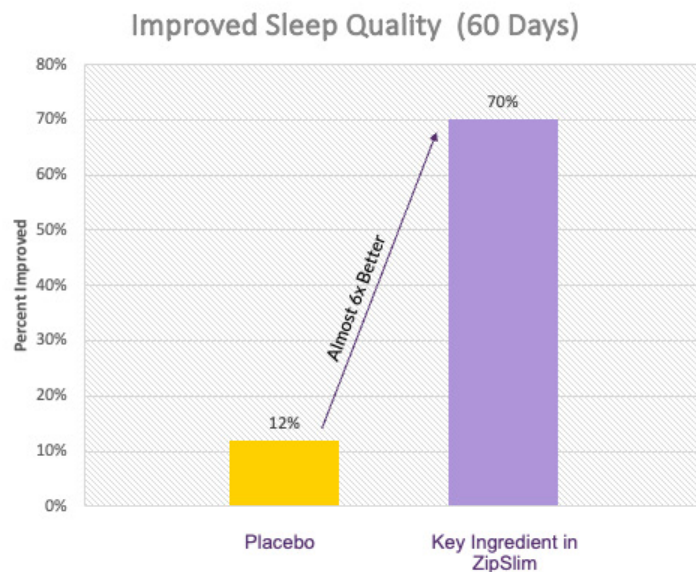


*Efficacy of Ashwagandha (Withania somnifera [L.] Dunal) in improving cardiorespiratory endurance in healthy athletic adults Choudhary, B., Shetty, A., & Langade, D. G. (2015). Ayu, 36(1), 63.*



## IMPROVED SLEEP QUALITY

In a 2012 double-blind, placebo-controlled study in 64 healthy adults, it was found that those taking a key ingredient in ZipSlim® had improved sleep quality almost 6X better than those taking a placebo.\*



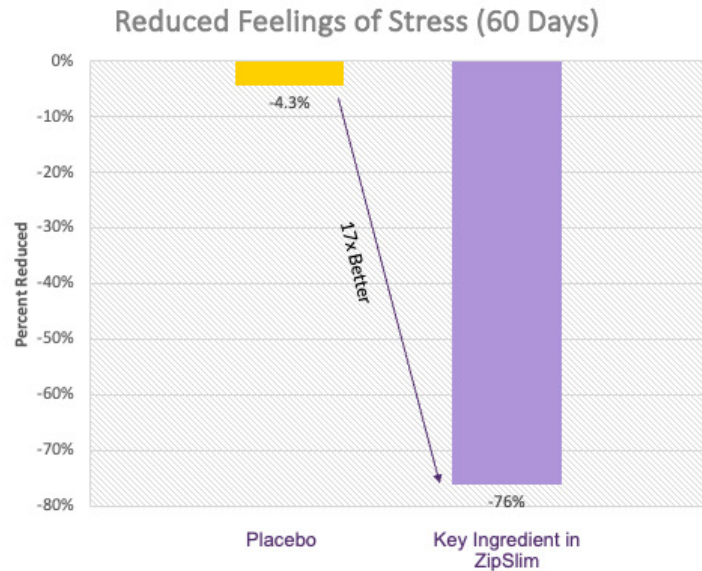
*Chandrasekhar K, Kapoor J, Anishetty S. A prospective, randomized double-blind, placebo controlled study of safety and efficacy of a high-concentration full-spectrum extract of ashwagandha root in reducing stress and anxiety in adults. Indian J Psychol Med 2012;34:255-62.*

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## REDUCED FEELINGS OF STRESS

Stress plays a major role in your overall health and happiness. A key ingredient in ZipSlim® was found in a double-blind, published study to reduce feelings of stress 17X better than placebo in 60 days!\*

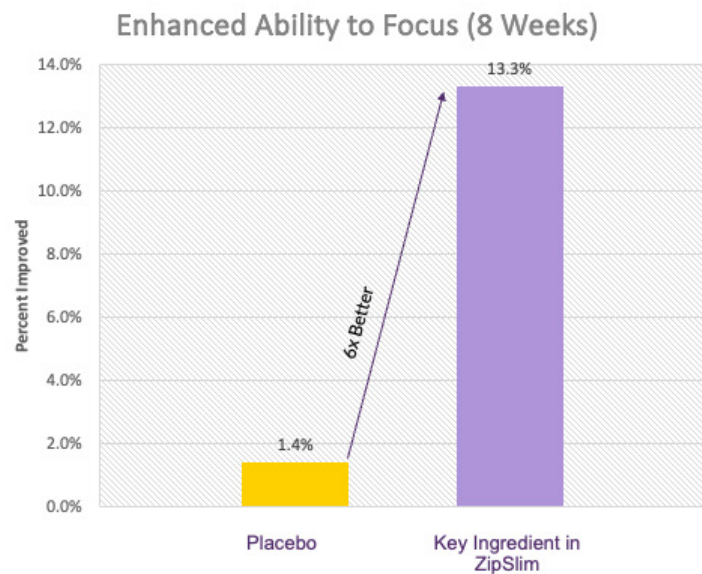


*Chandrasekhar K, Kapoor J, Anishetty S. A prospective, randomized double-blind, placebo-controlled study of safety and efficacy of a high-concentration full-spectrum extract of ashwagandha root in reducing stress and anxiety in adults. Indian J Psychol Med 2012;34:255-62.*



## ENHANCED ABILITY TO FOCUS

In a 2017, double-blind, placebo-controlled study on 50 healthy adults over age 35, the group taking a key ingredient in ZipSlim® twice a day had a 9X better improvement in their ability to focus than the placebo group.\*



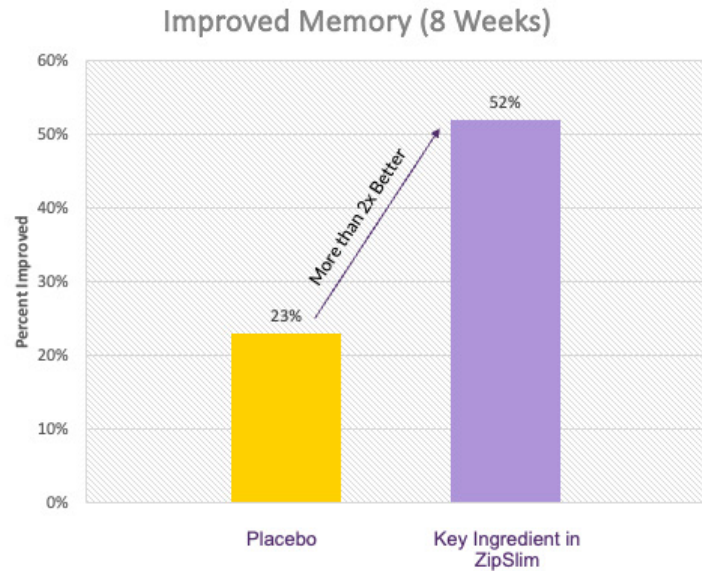
*Efficacy and Safety of Ashwagandha (Withania somnifera (L.) Dunal) Root Extract in Improving Memory and Cognitive Functions Choudhary, D., Bhattacharyya, S., & Bose, S. (2017). Journal of Dietary Supplements, 1-14. Chicago*

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## IMPROVED MEMORY

In a published study on 50 healthy adults over age 35, the group that took a key ingredient in ZipSlim® twice a day had a 2X better improvement in memory than the placebo group.\*

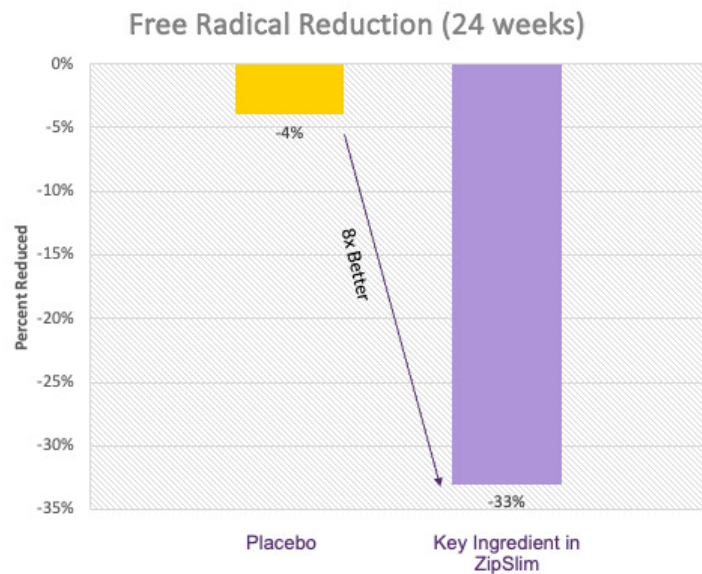


*Efficacy and Safety of Ashwagandha (Withania somnifera (L.) Dunal) Root Extract in Improving Memory and Cognitive Functions Choudhary, D., Bhattacharyya, S., & Bose, S. (2017). Journal of Dietary Supplements, 1-14. Chicago*



## FREE RADICAL REDUCTION

Free radicals are extremely damaging to the health of the human body. In a 2013 published clinical study, 50 patients were given a key ingredient in ZipSlim® twice a day and 50 were given a placebo pill. After 24 weeks, free radical activity in the ZipSlim group was reduced by 33%, compared to just 4% in the placebo group!\*



*Belcaro G, Ledda A, Hu S, et al. Greenselect Phytosome for borderline metabolic syndrome. Evidenced Based Complementary Alternative Medicine 2013.*

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# ZipSlim®

## Frequently asked questions



### What is ZipSlim®?

ZipSlim is a delicious drink mix that can help you lose 3X more weight than dieting alone, reduce cravings and appetite, and help you become fitter, healthier and happier!\* Each serving of ZipSlim delivers 14 key super-nutrients into your body that addresses the cellular condition called “Metabolic Overload,” which causes your body to actually resist weight loss. ZipSlim can be part of a “Metabolic Reboot” that can help you lose three times more weight than dieting alone. ZipSlim also contains ingredients scientifically shown to support other areas of your health including stress reduction, better sleep, improved memory and focus, stronger muscles and a reduction in damaging free radicals. We call ZipSlim a “Full-Circle Wellness” product!



### How does ZipSlim work?

ZipSlim addresses “Metabolic Overload” and helps to reboot your metabolism, unlike any other product that has come before it. ZipSlim delivers a 1-2-3 counter-punch to Metabolic Overload.

- First, it can activate the enzyme AMPK, so your body uses food for fuel instead of storing it as fat.
- Second, it helps healthy blood sugar levels to stay in balance, so you don't get see-saws of energy and metabolic activity.
- Third, it can help control cravings, so you simply eat less!

ZipSlim's proprietary Metabolic Activation Complex™ is an incredible new weight loss technology to reboot your metabolism.

### Is there research that supports the results of ZipSlim?

Individual results will vary from person to person, but in a published clinical study, fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim, along with a lower-calorie diet (1,350 calories for women; 1,850 for men), lost 30 pounds in just 90 days, compared to just 10 pounds for those following the lower-calorie diet alone.

In a 2013 published clinical study, 100 overweight participants (Avg. BMI 31) were put on a diet (1,250 calories for women; 1,500 for men) and exercise plan (30 min per day of 70% aerobic/30% strength training). 50 of the

### Defeat Metabolic Overload with ZipSlim®... and reclaim your body, your energy and your life!

With ZipSlim's Metabolic Activation Complex, you can reboot your “youth metabolism,” and lose 3X more weight than you could with dieting alone\*

patients were given one of the key ingredients in ZipSlim twice a day and 50 were given a placebo pill. After 24 weeks the placebo group lost 1.2 inches from their waist and the key ingredient group lost 3X more, a whopping 3.9 inches!

### How do I use ZipSlim?

Take ZipSlim twice per day, about an hour before your two largest meals. Simply mix it with 12-20 ounces of cold water, stir and enjoy! But don't drive yourself crazy over the timing of when you drink ZipSlim. The main thing is that you are taking ZipSlim twice per day.

### Should I order ZipSlim Charged or Caffeine-Free?

Both versions of ZipSlim provide the same Metabolic Reboot benefits, so it is simply a matter of personal preference. Most people like the extra energy they get from the 100mg of natural green tea caffeine in the Charged version. If you are sensitive to caffeine, or if you're taking ZipSlim late in the day or before dinner, you may want to choose the Caffeine-Free version. It's always wise to have some of each on hand!

### How soon will ZipSlim start working?

Individual results will vary from person to person, but in a published clinical study, fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim, along with a lower-calorie diet (1,350 calories for women; 1,850 for men), lost 30 pounds in just 90 days, compared to just 10 pounds for those following the lower-calorie diet alone.

For best results, we recommend following the guidelines in our Metabolic Reboot Program Guide and our Think T.H.I.N. Cookbook, which are provided FREE when you place your first order.

# Lose 3X More Weight Than With Diet Alone\*

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