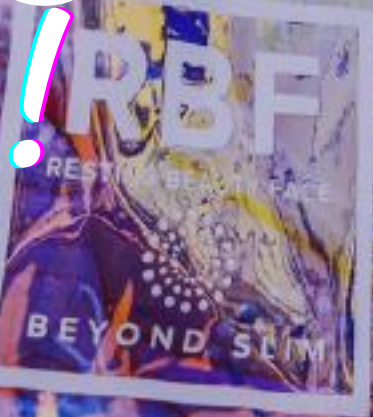


JULY 2024 EDITION

NEWSLETTER

It's Your
Time to



BEYOND SLIM MONTHLY RECOGNITION AND NEWS

| BEYONDSLIM.COM

JULY NEWSLETTER

Brace yourself for an action-packed July filled with captivating developments! This month promises to be a dynamic ride that will keep you on your toes. Here's a glimpse of the thrilling experiences we have lined up for you:



BEYOND SLIM ADVISORY BOARD

Affiliate Program

Elevate your business with the newly launched Beyond Slim® Affiliate Program! This exciting opportunity empowers your customers to earn by simply registering for free and sharing their unique Affiliate link. With a seamless process and limitless potential, it's an easy way to grow your business. [Discover more in our blog](#), and explore the lessons and FAQs crafted just for you in BYSU. Join us today and unlock new avenues for success and profit!

BYS Advisory Board

We are thrilled to announce the selection of 8 exceptional members to join our inaugural Coach Advisory Board for this quarter. These individuals are among our most passionate and influential community members, and their dedication and insights will play a pivotal role in shaping the future of Beyond Slim®. This board provides a unique opportunity for our Coaches to collaborate directly with us, bringing their expertise and enthusiasm to the forefront as we plan and embark on exciting new endeavors together.

Think T.H.I.N. Promo

July is all about keeping that Think T.H.I.N. mindset strong as we focus on Reboot Ritual #6: Eat Mostly T.H.I.N. Foods! T.H.I.N. stands for Total High Intensity Nutrition. And this month, we'd like you to share your amazing T.H.I.N. recipes on the Reboot 66 Facebook Group and get a chance to win a \$50 HomeChef gift card to make meal planning a breeze, with scrumptious food right at your doorstep! Not sure what recipes to share? Take a look at the Think T.H.I.N. Recipe and Nutrition Guide. Share your recipes and be one of the weekly winners!

Go Beyond Las Vegas Conference

We're eagerly counting down the days until August 1-3 for the Go Beyond Las Vegas Conference, the ultimate gathering you won't want to miss! Get ready for an unforgettable experience filled with nights of vibrant networking, insightful learning, and memory-making moments. We'll celebrate your achievements with well-deserved recognition and party in the dazzling lights of Las Vegas! Secure your rooms now and join us for an event that promises to be grand in every way. See you there!

July is a whirlwind of excitement with its flurry of activities, but this power-packed month promises to be unforgettable and filled with enjoyment.





It's Your Time to ROAR!

A MESSAGE
FROM
CEO & FOUNDER
RAY FALTINSKY

Dear Friends,

Independence Day is one of my favorite holidays of the year because it represents the birth of the greatest nation in the history of the world! My parents were immigrants from Europe who came to America on a boat in 1955 with no money, no "connections" and 2 children (my older brother and sister). Even though they knew it would be a struggle, they came here because of the freedom and opportunity our great nation offers everyone. They wanted to give their growing family the best chance possible to get ahead and live their dreams.



Our goal with Beyond Slim is to offer that opportunity to Americans all over the country (and soon Canadians!) The opportunity to get ahead and live your dreams! And, we are the first and only company to offer that opportunity to not just the “big hitter”, but the part-time person who is looking to make ends meet and reach their goals.

One of my favorite authors is Anthony de Mello. In his book **Awareness** he tells the following story:

There’s a famous story about the lion who came upon a flock of sheep and to his amazement found a lion among the sheep. It was a lion who had been brought up by the sheep ever since he was a cub. It would bleat like a sheep and run around like a sheep. The lion went straight for him, and when the sheep-lion stood in front of the real one, he trembled in every limb. And the lion said to him, “What are you doing among these sheep?” And the sheep-lion said, “I am a sheep.” And the lion said, “Oh no you’re not. You’re coming with me.” So he took the sheep-lion to a pool and said, “Look!” And when the sheep-lion looked at his reflection in the water, he let out a mighty roar, and in that moment he was transformed. He was never the same again.

I believe many of us are like that sheep-lion with incredible potential that we have not yet realized. Hidden inside each one of us is that lion ready to let out a mighty roar and be totally transformed to reach your potential and take your life to the next level.

On August 1st -3rd we are hosting our first ever Go Beyond Conference in Las Vegas, Nevada. I believe it will be a transformative event for all our Coaches. It’s a must attend event for you and everyone on your team! It will build your belief, knowledge and enthusiasm about our business and you will learn all about our major new initiatives that can take your business to the next level and beyond!

You will have the opportunity to look at your reflection in the water, let out a mighty roar and catch the vision of the incredible lifestyle you can achieve for you and your family with Beyond Slim!

Discover your inner-lion at Go Beyond and you will never be the same again!!

See you there and enjoy your Independence month!

Ray



Introducing the FIRST

BEYOND SLIM[®] ADVISORY BOARD



AIMI KRAUSE



ELIZABETH BLAINE



HOLLY FOLEY



JESSICA SCHNELL



KIM KINNEY



LAURA TRUELOVE



MEAGAN ANDERSON



SHERRY PRATHER

Congratulations!

We can't wait to see you shine!

Board members will serve for one quarter. Selection is based on total Referral Points during the proceeding three months. Four members must be Paid-As Silver Influencer or higher.

One member position is reserved for current Beyond Heart winner.

Must be in good standing with the company and have a positive attitude to serve.

*Must be a coach with the company for at least three months before being eligible.



Influencer CLUB

How it Works: Achieve a Paid Title of Influencer 1 to earn 10 Club Points automatically. But that's not all! For every Referral Point you accumulate, you'll earn an equal amount of Club Points toward your rewards.

Example: Margaret reaches Silver Influencer 5 in March and has 20 Referral Points. She'd earn 10 points for hitting Influencer status and 20 Club Points for her 20 Referral Points, totaling 30 Club Points to redeem for exciting prizes!

10 Club Points

STACKABLE BRACELET



15 Club Points

RECHARGEABLE MILK FROTHER



20 Club Points

BOOM CUP OR SELFIE STICK TRIPOD WITH LIGHT



25 Club Points

AN EXCLUSIVE 30-MINUTE COACHING SESSION WITH RACHEL KELLOGG, OUR ROCKSTAR VP OF SALES. IT'S TIME TO UNLEASH YOUR POTENTIAL AND LEVEL UP LIKE NEVER BEFORE! (LIMIT 5)



30 Club Points

\$30 GIFT CARD



40 Club Points

KATE SPADE MAKE-UP BAG



50 Club Points

30 SAMPLE CARDS AND 1 BAG ZIPSLIM OF YOUR CHOICE



60 Club Points

VIP BOX TO BE SENT OUT OR CONVENTION TICKET



70 Club Points

Q&A ZOOM WITH FOUNDER & CEO, RAY FALTINSKY AND 5 OF YOUR TEAM MEMBERS. GET READY TO CONNECT, LEARN, AND BE INSPIRED!!! (LIMIT 3)



80 Club Points

AIR FRYER



90 Club Points

KENDRA SCOTT NECKLACE OR OFFICE CHAIR



100 Club Points

KATE SPADE HANDBAG



150 Club Points

ICE CREAM MAKER OR UNDER DESK TREADMILL



250 Club Points

\$300 DISNEY GIFT CARD



CLAIM REWARD HERE

Prizes with limits on them should be booked at the moment you hit the needed points to ensure you get it before its gone!



Congratulations!



B

BEYOND HEART
AWARD

BEYOND SLIM



Jessica Schnell

Silver Influencer 3

Who will win the next Beyond Heart Award?

The Beyond Heart award is our way of celebrating a heartfelt Coach every quarter — an individual who goes above and beyond to aid not just their own team, but others as well. If you'd like to nominate a Coach who has made a significant impact for you, your team, or customers, send your nomination to denise@beyondslim.com.

To nominate, simply provide the Coach's name and the reason for your nomination. The Coach with the most nominations will be honored with the award. Please note that you can only nominate one person per quarter. The deadline for the next quarter's nominations is the last day of June. Let's elevate those who genuinely embody the spirit of Beyond Slim through this token of recognition.

NOW LIVE!

BEYOND SLIM®

AFFILIATE PROGRAM

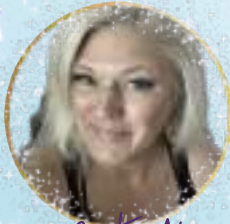
Earn a commission for every new customer as an Affiliate, without having to build a team:

- ✓ FREE TO JOIN
- ✓ NO COMMITMENT
- ✓ PERSONAL AFFILIATE LINK
- ✓ AFFILIATE DASHBOARD
- ✓ EARN ON CIC & LCC





Legacy Leaders



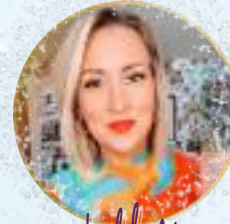
Betsy



Denise



Erin



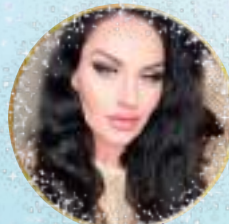
Holly



Jennifer



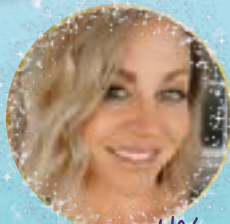
Kiley



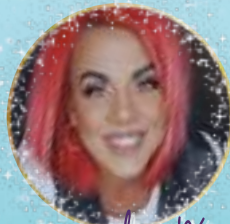
Layce



Meghan



Megan



Raeleen



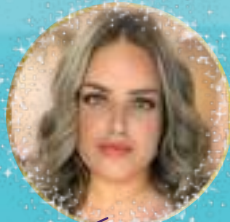
Rebekah



Shelbi



Stacey



Tara



Valera



LEGACY LEADER



Discovering My Path with Beyond Slim: A Journey of Transformation and Empowerment


When I joined Beyond Slim in January 2023, I had no idea how much my life would change. As a legacy leader, I am thrilled to share my story with you. My journey began with a simple goal: to improve my health and well-being. Little did I know, this decision would lead me to lose 47 pounds and transform my life in ways I never imagined.

My sister, Aimi, and I embarked on this journey together, and it has been one of the most rewarding experiences of our lives. Together, we lead a vibrant and supportive community through our Facebook group, Cortisol Sisters, which boasts over 6,000 members. This sisterhood has become a cornerstone of our success, providing a safe space for women to share their stories, support each other, and embrace midlife with zest and appreciation.

The sense of community at Beyond Slim is unparalleled. The connections we've made and the lives we've touched are a testament to the power of unity and support. Aimi and I love working together, helping women navigate their health journeys, and witnessing their transformations. Our team's success is a reflection of the incredible support system we've built and the unwavering commitment we have to each other and our members.

Being part of Beyond Slim's leadership team is an honor. The company's dedication to innovation and holistic health aligns perfectly with my values. Beyond Slim's culture of inclusivity and empowerment is truly unique, and I am grateful to be part of a company that values every individual's contribution. The support from the corporate team, the uplifting culture, and the continuous growth of the company inspire me every day.

Reflecting on my journey, I am filled with gratitude and excitement for the future. Beyond Slim has not only helped me achieve my health goals but has also provided a platform to impact others positively. I am beyond happy to be here, part of this incredible community, and I look forward to what's coming next.

If my story resonates with you, I encourage you to explore what Beyond Slim can offer. Together, we can achieve remarkable things, embrace change, and create a future filled with possibilities. Here's to our journey at Beyond Slim – a journey of growth, community, and transformation. 

Denise

Denise Maloney

2024
GO BEYOND
LAS VEGAS
AUGUST 1-3, 2024



Where work becomes a *workation*.



With Featured Speakers:



**VP of Sales
Rachel Kellogg**



**CEO & Founder
Ray Faltinsky**



Dr. Kelly Austin

**Learn how to become a powerhouse Coach.
Leave as a part of the Beyond Slim community.**

beyondslim.com/debut

TOP 10 LEADERS

MONTH OF JUNE



Shelbi Kautzch



Holly Foley



Layce McMullen



Sarah Johnson



Stacey Barker



Kim Kinney



Raeleen Weston



Megan Mumford



Jessica Schnell



Meagan Anderson

THE REBOOT 66 CHALLENGE IS ON!

A huge shoutout to everyone who joined our inaugural two-week Bootcamp in June! You've taken the first steps on your fitness journey with the 9 Reboot Rituals, building healthy habits that pave the way for success.

If you missed out, don't worry! We are excited to announce Cycle 2 of our incredible Reboot 66 Challenge, and this time, the rewards are even bigger. Imagine winning a luxury spa retreat worth up to \$1,000*, or enjoying personal wellness sessions with our certified health professionals!

How to Participate in Reboot 66 Cycle 2

We're searching for three inspirational stories about your fitness journey with ZipSlim and the 9 Reboot Rituals. Here's how you can join and win:

1. Place a ZipSlim Subscribe & Save order for at least three consecutive months. Plus, you'll get an extra \$10 off per bag after your second month!
2. Follow the 9 Reboot Rituals every day for at least 66 consecutive days.
3. Submit your Before to Beyond story on the Reboot 66 Challenge page, including both before and after photos.

SO, WHAT'S UP FOR GRABS?

- A 3-day spa retreat valued at up to \$1,000*
- Personalized virtual wellness sessions with our certified Health & Fitness Professionals
- Free Beyond Slim product**
- Exclusive Reboot 66 Winner merchandise
- An invitation to share your story live with Franz Snideman
- Recognition blog story, winner's certificate and social media celebratory graphics

We're now accepting your story entries for the 2024 Cycle 2 until Sunday, August 4. Share your journey and inspire others with your transformation!

Key Dates to Remember

Voting Period: From Friday, August 9 to Sunday, August 18, the community will vote for the most inspiring stories.

Top 10 Announcement: On Tuesday, August 20, we'll announce the top 10 finalists. Grand Prize Winners Announcement: On Wednesday, August 21, we'll reveal the final three Grand Prize winners from the top 10.

This is your chance to reap the rewards of your dedication to a healthier lifestyle. Snap those before and after photos, write your most inspiring story, and get ready to ignite your wellness journey. Join Cycle 2 of the Reboot 66 Challenge and take your fitness journey to new heights. Your story could be the next big inspiration!

For more information, check out the [Reboot 66 page](#) and register for a chance to win! Good luck and remember, we're here to support you every step of the way!

*The 3-day spa retreat will be selected based on the winner's location within a 150 mile radius. Beyond Slim will cover the cost for a 3-day/2-night stay at a luxury spa resort, spa services and food credit not to exceed \$1,000. In lieu of the 3-day spa retreat, the winner may opt to take a cash prize of \$700.

**Free Beyond Slim product will be selected based on which products the winner does not have an active Subscribe & Save order.



TOP 10 TEAM BUILDERS

MONTH OF JUNE



Lauren Lindsey



Megan Humble



Sherry Prather



Holly Foley



Sarah Johnson



Meagan Anderson



Kiley Shafer



Megan Mumford



Stacey Barker



Kim Kinney

TOP 10 CUSTOMER BUILDERS

MONTH OF JUNE



Elizabeth Blaine



Holly Foley



Jessica Schnell



Aimi Krause



Lauren Lindsey



Meagan Anderson



Brittany Maxedon



Denise Maloney



Candice Bertolini



Jennifer Hyder

REBOOT 66

JUNE 2024

Make Your Body

We kicked off June in the Reboot 66 group with a focus on Reboot Ritual #5: Move your body for at least 30 minutes a day. We selected 8 posts that reached the highest engagement each week and rewarded these winners with a one-year subscription to the BetterMe Health Coaching & Mental Health apps!

Sheri Cook Moore



"OMG ya'll... I started ZipSlim on February 24, 2024 and did "most" of the things my amazing coach Linda Lane told me to do: I got weighed & measured, took ZipSlim twice a day, started intermittent fasting, made better food choices, walked the dog or worked out 10-20 minutes a day 4 times a week or more. Here's the CRAZY part, I was starting to feel down because the scale was not moving. It did the first 10 days then plateau set in. I was beating myself up when I saw this 2-week bootcamp & I told myself let's DO IT! This morning I got back into the MeThreeSixty App (had only done the 1st time in February) AND EVERYTHING IS DOWN!! My Body fat is down 2.6%, I've lost a combined 13.5 inches and my lean body mass has gone up 5.8 pounds!! WHAT?? I started to cry. IT'S WORKING!! I'm only 3% away from being in the BMI I should be in instead of the "overweight" category I've been in for YEARS! Since my husband's passing over 2 years ago, food has been my emotional support and I'm finally feeling like I can now take care of ME!"



Nicole Maddelone

"45 days. More inches lost than pounds (5 pounds) my friends. Weight loss is not a linear experience for all. Don't just go by the scale. Measure and take photos. Try on clothes that didn't fit before. I love non-scale victories more, I think.

- Slim + Boom 30 minutes before breakfast
- 30-minute workout at home 4x a week
- ZipSlim 30 minutes before dinner
- Healthier choices overall, controlling portions
- No eating after 7pm
- 60-80oz of water a day
- RSN 30 minutes before I go to asleep
- In bed by 10pm"

Layce McMullen



"TAKE THE STINKING PHOTOS!!!! 8 days, down 11 pounds!!

- Weigh myself in my birthday suit each morning
- 1 gallon of water intake a day
- 2 ZipSlim doses each day (1 day I took 3)
- ZipBOOM with my AM ZipSlim!
- I fast for 12-14 hours
- Moving my body 1 hour a day (40 min workout/ 20 min walk)
- Eat within my macros for my body. (1900 calories a day—I am NOT starving)
- Sleep 8-9 hrs!
- Sun on my face first thing in the morning and feet on the ground!
- Speaking gratitude over my life/my health/my kids/my business every morning!
- Check in with my coach
- Morning prayer
- It's NOT hard! It's consistency 🤍"



Better Me.

Fun and Simple Fitness App

Personalized activities to cover your wellness needs

FREE FOR 1 YEAR

*Fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim, along with a lower calorie diet (1350 calories for women/1850 calories for men), lost 30 pounds in just 13 weeks, compared to just 10 pounds for those following the lower calorie diet alone. Results may vary from person to person.



REBOOT 66

JUNE 2024

Make Your Body



Melissa Ragsdale

"Hubby Bike time. Me ... Day 5 of Reboot Bootcamp workout 🌟BOOM! We have been pretty accurate with water, ZipSlim, and ZipBOOM drinks daily! Super grateful for this man who entertains my random "let's work out" 🙌 energy.



Heather McQuery-Taylor

"1.6 mile walk in this yucky Utah summer heat for the win with my fellow coach and accountability partner! Boy was it a hot one, but it felt so good to get out, get our steps in, enjoy each other's company and burn baby 🙌! #noexcuses"

Danielle Marie



"My home gym is finally all done!

- Bike
- Sauna
- Vibration plate
- Rebounder
- Stepper
- Glute machine
- Home body
- Not pictured treadmill

Health is wealth. Our body is our only home so start to worship it. Two ZipSlims a day. This Bootcamp has given me a whole different perspective on life. I am down 7.4lbs 🙌🙌 Let's do this."

Emma Mast



"Just finished this workout, and started the morning with ZipBOOM."

Emily McCoy



"Every day I grow more confident as the weight and inches continue to fall off. One thing that helps me get through the day is knowing my Why. Why do I need to get healthy? Well, when you had 3 operations in 2021, have the doctor tell you after you just had kidney stones removed 3 months ago, that you are full again with kidney stones—your Why is to get rid of those kidney stones and all other health issues and get YOUR HEALTH BACK! So since March 11 of this year, I took my health back with drinking ZipSlim and ZipBOOM. Because I finally wrote down my Why on that paper that I look at each day. 🙌 With the help of Think T.H.I.N., I can eat healthier. Drink my ZipSlim and ZipBOOM, set my goals, and be more confident because I am FITTER, HEALTHIER, AND HAPPIER. ❤️🙌🙌"

Be sure to visit the Reboot 66 Facebook group every week to see what you could win when you share your story!

*Fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim, along with a lower calorie diet (1350 calories for women/1850 calories for men), lost 30 pounds in just 13 weeks, compared to just 10 pounds for those following the lower calorie diet alone. Results may vary from person to person.



TOP 10 *NEW S&S ORDERS*

MONTH OF JUNE



Elizabeth Blaine



Holly Foley



Lauren Lindsey



Jessica Schnell



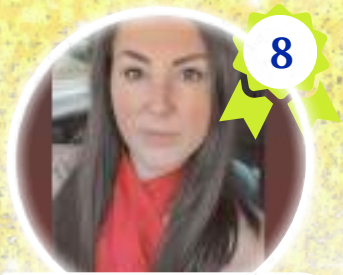
Meagan Anderson



Aimi Krause



Kim Kinney



Brittany Maxedon



Jennifer Hyder



MacKenzie Deyarmond

TOP 10 NEW RETAIL ORDERS

MONTH OF JUNE



Elizabeth Blaine



Holly Foley



Denise Maloney



Lauren Lindsey



Sarah Johnson



Brittany Maxedon



Candice Bertolini



Aimi Krause



Michelle Wickett



Jessica Schnell

REBOOT 66

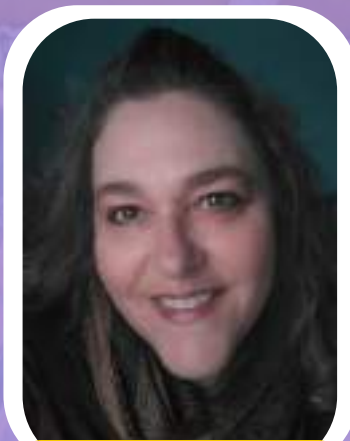
BOOTCAMP

Congratulations to our winners who participated in our 2-week Bootcamp!

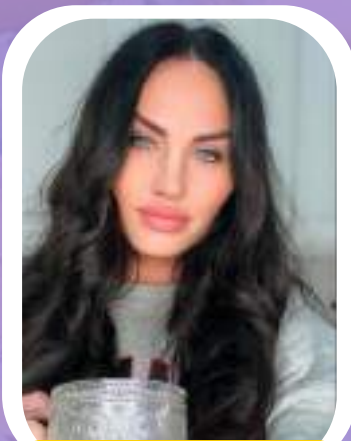
Our first-ever Reboot 66 Bootcamp was launched at the beginning of June, and what a huge success it was! This 2-week program was focused on getting into the details of each of our Reboot Rituals, learning to modify your lifestyle with healthy habits, and proving that YOU CAN DO THIS!

Every day, our Bootcamp participants received emails to coach them along their journey, as well as daily workouts from fitness guru Franz Snideman in the Reboot 66 Facebook Group. Close to 300 people participated and the ending results proved to be outstanding. After the 2-week period, we heard comments like "It's never too late to start taking care of yourself and getting healthier," and "I learned that I am capable of working on myself!"

At the end of Bootcamp, we awarded two participants at random who completed the closing survey, as well as two Coaches with the most people enrolled in the program, to win a prize pack that included a free jar of RSN, a free bottle of RS90, and a Beyond Slim beach swag bundle with a beach bag, beach towel, beach hat, and water bottle. Congratulations to our winners!



Heidi Zander



Layce McMullen



Sherry Prather



Shirley Piccaretto

We look forward to running this program again in the future. Stay tuned to hear all about it and see how you can get rewarded for participating.

CLAIM YOUR
GIVEAWAY



*Beyond Slim Beach swag includes a hat, beach towel, water bottle and bag

*Fifty overweight people (BMI 28-36) using a key ingredient in ZipSlim, along with a lower calorie diet (1350 calories for women/1850 calories for men), lost 30 pounds in just 13 weeks, compared to just 10 pounds for those following the lower calorie diet alone. Results may vary from person to person.



NEW RANK ADVANCEMENTS

J U N E

Jessica Schnell

Silver Influencer 3

Rita Lynn

Silver Influencer 2

Lauren Lindsey

Influencer 4

Candice Bertolini

Influencer 2

Mackenzie Deyarmond

Influencer 2

Megan Humble

Influencer 1

Melissa Telmos

Influencer 1

Sara Stoll

Influencer 1

Betty Flinn

Influencer 1

Nicole Maddalone

Influencer 1

Tina Burr

Influencer 1

Heather Thomas

Social Marketer 5



Congratulations!

9 REBOOT RITUALS

REBOOT RITUAL #6: EAT MOSTLY T.H.I.N. FOODS

EAT MOSTLY T.H.I.N. FOODS

The food we eat, the diet we embark on, is always an important facet of any fitness program, whether it's losing or maintaining the ideal weight. Reboot Ritual #6: Eat Mostly T.H.I.N. Foods, is anchored on Think T.H.I.N. (Total High Intensity Nutrition), a science-based program that will help to optimize your metabolism and health so that you can look and feel your best. This program is specially designed to help you get maximum results while using ZipSlim to become fitter, healthier and happier.

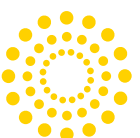
Think T.H.I.N. goes beyond the conventional low-calorie diet. It's about nourishing your body with a comprehensive spectrum of life-sustaining nutrients essential for cellular function. Low-calorie diets often fall short, leading to temporary weight loss and a sluggish metabolism that eventually causes the weight to return. By contrast, the T.H.I.N. approach supports sustained weight loss and a revved-up metabolism, ensuring that your body gets the nutrients it needs to thrive.

Eating T.H.I.N. means eating foods that are high in nutrient density, with no empty calories. These are foods jam-packed with essential vitamins and minerals, amino acids and fatty acids, enzymes, fiber, and dozens of beneficial plant-derived phytonutrients. To eat T.H.I.N., it's important to first get acquainted with what kind of food you should be including in your diet. Here are the basic components of the T.H.I.N. diet.

VEGETABLES & FRUITS

Not all vegetables are created equal. To get the most out of your meals, focus on first and second tier vegetables:

1. **First Tier Vegetables:** These are nutritional powerhouses great for digestion and overall health. They include:
 - **Microgreens** – Nutrient-dense young plants like arugula, celery, radish, red beet, cilantro, red cabbage, spinach, kale, and watercress.
 - **Sprouts** – Fiber and protein-rich varieties such as broccoli, pea, radish, mung bean, alfalfa, clover, and sunflower.
2. **Second Tier Vegetables & Fruits:** While still nutritious, these have more sugar or carbs and are best used in smaller servings or as garnishes. Examples are:
 - **Vegetables** – Beets, carrots, sugar snap peas, winter squash, and sweet potatoes.
 - **Fruits** – Apricots, blackberries, blueberries, cantaloupe, cranberries, and grapefruit.



PROTEINS

Protein-rich foods are the cornerstone of lean muscle development and the foundation for healthy skin, hair, nails, and essential organs. Unlike other nutrients, protein demands significant energy for digestion and metabolism, making it a powerhouse for boosting your body's calorie-burning potential.

Lean meats, fish, and eggs epitomize the T.H.I.N philosophy: they are low in calories yet densely packed with nutrition, providing long-lasting fullness to help curb hunger between meals. These protein sources are treasure troves of essential vitamins, including A, D, K, B-1, B-2, B-3, B-5, B-6, folic acid, and choline. They are among the few foods rich in B-12, the vital energy vitamin.

Protein foods are abundant in key minerals such as copper, chromium, iron, magnesium, potassium, selenium, and zinc. These nutrients play a critical role in supporting cellular functions and optimizing metabolism, ensuring your body operates at its peak. Get to know more about the right kind of lean meat and fish you should include in your T.H.I.N. diet in Think T.H.I.N. Healthy Meals and Recipes for Life.

HEALTHY FATS

Healthy fats, known as essential fatty acids (EFAs), are crucial for our bodies to function properly. They support hormone production, cellular function, and metabolism. Without enough EFAs, the body can't operate effectively. EFAs are the building blocks for cell membranes, vital for protecting all 10 trillion cells in your body.

EFAs also play a key role in the brain, nervous system, skin, and organ insulation. Unlike fats from processed foods, EFAs aren't just burned for energy; they serve as "free calories" used for essential bodily functions, similar to proteins.

The primary T.H.I.N. fats come from olive oil and avocados. Certain fish, such as cod, pollock, sole, tilapia, ocean perch, trout, and low-mercury, higher-fat fish like salmon, sardines, mackerel, and herring, are rich in healthy omega-3 fats. Grass-fed meats and eggs also provide omega-3 fats. Nuts and seeds, which contain healthy fats including omega-3s, are secondary, Tier Two T.H.I.N. foods.

In conclusion, the T.H.I.N. diet is packed with nutrients that enhance metabolism and overall health. Following the T.H.I.N. diet doesn't mean giving up delicious food; there are countless recipes to help you enjoy nutritious meals while achieving your fitness goals.

Discover these recipes in Think T.H.I.N. Healthy Meals and Recipes for Life.





**June Hi10 Club
10+ NEW
Subscribe & Save**

Elizabeth Blaine

Holly Foley

Lauren Lindsey

Jessica Schnell

Aimi Krause

Meagan Anderson

Kim Kinney

Brittany Maxedon

Jennifer Hyder

MacKenzie Deyarmond

Candice Bertolini

Laura Truelove

Megan Eddings

Denise Maloney

Sarah Johnson

Sherry Prather

Randi Bosin

Stacey Barker

Michelle Wickett

Shelbi Kautzsch

Raeleen Weston

Megan Mumford

Blenda Aycocock

Erin Maybank Meade

Kiley Shafer

Hasin Leonard

Traci Mckinney

Harlene Lobenhofer

Tiffany Palmer-Jones

Shirley Piccarreto

Valera Long

Nicole Maddalone

Ashley Johnson

Nichole Hansen

Susan Bold-Smith

Charlie Brewer

How to join the Hi10 Club?



Magnify your benefits tenfold by becoming a Hi10 Club Member! When you get 10 or more NEW Subscribe & Save customers in just one calendar month, you unlock this exclusive membership.



But wait, there's more! As a Hi10 Club Member, every batch of 5 new Subscribe & Save customers earns you 5 free sample packs! You can accumulate up to a whopping 30 free samples in your app per month.



Empower your customers, bolster your business, and enjoy the rewarding journey at the same time. Join the Hi10 Club and let the rewards flow in!



June Hi5 Club

5+ NEW Subscribe & Save

Megan Humble

Maria Diaz

Paige De Kok

Betsy Gahn

Rita Lynn

Melynda Lilly

Steven Scheeler

How to join the Hi5 Club?



Sign up 5 or more NEW Subscribe & Save customers in a month to join our exclusive Hi5 Club.



That's not all! As a Hi5 member, for every 5 new customers, you get 5 free sample packs—collect up to 30 per month!



Elevate your business, please your customers, and enjoy the journey. Jump into the Hi5 Club and unlock abundant rewards!



BYSU COURSES FOR JULY

This July, we've got a lesson for earning potential and a lesson for achieving success from one of our Legacy Leaders. The learnings from both lessons blend well, as you apply what you'll learn from a successful leader into the other lesson that provides new opportunities to further your business.

Affiliate Program Lesson

The Affiliate Program represents a dynamic opportunity for businesses to transform loyal customers into powerful advocates. Our meticulously crafted lesson not only dives deep into the program's intricacies but also draws a vivid comparison between the roles of a Coach and an Affiliate. This illuminating session empowers you to effectively orient your customers, enabling them to make informed decisions about their preferred path to earning. Complementing this lesson are our comprehensive Affiliate Program FAQ and the detailed Affiliate Compensation Plan, revealing three distinct avenues through which Affiliates can achieve substantial rewards.

Creating Action & Learning As We Go

Step into the world of Silver 3 Legacy Leader Kiley Shafer, recently honored with the prestigious Beyond Heart Award. With passion and expertise, Kiley shared a profound lesson on enhancing your business network while nurturing your mental well-being. Coaches aspiring to elevate their leadership roles and amplify their professional networks will find Kiley's ten invaluable tips essential for success.

We trust these two lessons ignite your passion to seize fresh opportunities with unwavering enthusiasm and determination. Wishing you the best of luck in all your endeavors!



PROMO CODES

Beyond Slim offers fresh promo codes each month, providing you, our Coaches, with the chance to run your own exclusive sales. Using these promo codes is entirely optional, and discretion is key: we ask that you refrain from posting these unique codes on public social media channels. However, you may share them privately with individuals to whom you wish to extend a discount.

Please bear in mind that using promo codes will result in a decrease in the amount of Product Points earned as well as a reduction in your Customer Introduction Commission (CIC).

Here's a breakdown:



FOR A TWO BAG ORDER OF ZIPSLIM ON SUBSCRIBE AND SAVE (S&S)		FOR A SINGLE BAG ORDER OF ZIPSLIM ON S&S			
S&S order with <i>no promo code</i>	=	100 Product Points \$50 CIC	S&S one bag with <i>no code</i>	=	50 Product Points \$25 CIC
S&S order with \$10 <i>promo code</i>	=	90 Product Points \$45 CIC	S&S one bag with \$10 <i>discount</i>	=	40 Product Points \$20 CIC
S&S order with \$20 <i>promo code</i>	=	80 Product Points \$40 CIC	<p>For RS90 S&S with no promo code, it amounts to 20 Product Points and a \$10 CIC.</p>		
S&S order with \$30 <i>promo code</i>	=	70 Product Points \$35 CIC			

Each of the orders stated above qualifies as active S&S members for rank advancement. CIC Commissions are processed and paid within 72 business hours, excluding weekends.



Kindly note, if a customer utilizes a coupon for their first month, they'll be charged the full price the following month, and your CIC will round back to \$50 on a two bag S&S order.

From the third month onward, customers receive the Loyal Customer Discount, and you start earning the Loyalty Customer Commission in addition to Organizational Commissions on this S&S member instead of CIC.

For further information, please refer to the Compensation Plan training materials in BYSU.

BEYOND BUCKS

Free Product Earned By Coaches in June

Abbi Maybank
Adara Batchelor
Aimi Krause
Alaina Lashbrook
Alice Hinckley
Alicia Williams
Alisha Hines
Alisha Erickson
Alli Long
Allyssa Stoll
Amber Barnette
Amber Fuhs
Amber Reisinger
Amber Vietzke
Amy Fladeland
Amy Boberg
Amy Eichler
Amy Machen
Andria Stephens
Andy Kuhns
Angela Marhefka
Angela Zeolla
Angie Neal
Ann Adams
Ann Dopudja
Anna Raber
Anne Hemsted
Annie Charette
April Collins
Ashley Johnson
Ashley Washington
Ashley Wilson
Ashton Bonds
Aubree Hibbs
Audrey Franzen
Becca Vandiver
Betsy Gahn
Betty Flinn
Billie Kimmell
Bizz Terry
Brandi Gray
Brandi Miller
Brian Jones
Brijit White
Brittany Fowler
Brittany Gardner
Brittany Maxedon
Bryan Porter
Caitlin Nedimyer
Carla McCloud
Carrie Hansen
Carrie Garland
Cassie Schutt
Catherine Wagler
Celeste Espinoza
Charlie Brewer
Chase Truelove
Cheryl Graber
Chris McMullen
Christeen Absher
Christina Rood
Christina Saso
Christina Wagler
Christine Hansen
Christy Ayers
Cindy Trujillo
Cindy Drake
Corissa Kariger
Cynamyn Nelson
Daniel Foley
Danielle Stoll
Danielle Greene
Darci Parry
Debbie Smith
Deborah Fox
Debra A Everett
Denise Diede
Denise Maloney
Diana Head
Donavon Hyder
Donna Ahern
Donnie Wagler
Dorothy Wagler
Eli Mast
Elise Kiefer
Elizabeth Blaine
Elizabeth Udy
Ellen Graves
Emily Nicholson
Emily Worthington
Eric Neushwander
Erica Klipping
Erin Maybank Meade
Faith Fladeland
Faith Maxwell
Fannie Miller
Germaine Parker
Ginger Porter
Harlene Lobenhofer
Harvey Raber
Hasin Leonard
Heather Fuchs
Heather Gentry
Heather Allen
Heather Martin
Heather Slomkowski Markle
Heather Thomas
Heidi Vaughan
Heidi Zander
Holly Bjorge
Holly Bowman
Holly Haynes
Jack Lynn
Jacob Stoll
Jamie Jameson
Jan Barnes
Janessa Weaver
Janna Easton
Jean Stoll
Jeanne Walker

BEYOND BUCKS

Free Product Earned By Coaches in June

Jenna Cassiani	Kellie Grosz	Mary-Megan Gase
Jennifer Gwaltney	Kelly Bowman	Meagan Anderson
Jennifer Holmes	Kelly Heffner	Melinda Chapman
Jennifer Hyder	Kelsey Baker	Melissa Foy
Jennifer Johnston Weever	Kendra Kunkel	Melissa Telmos
Jenny Knepp	Kendra Vadney	Melynda Lilly
Jessica Gouine	Kerri Sterk	Meredith Boulter
Jessica Bowen	Kiley Shafer	Michelle Good
Jessica Engebregtsen	Kim Emmons	Michelle Halter
Jessica Estrada	Kim Fleetwood	Michelle Matuniak
Jessica Howell	Kim Kinney	Michelle McLeod
Jessica McMullen	Kimberly Butts	Michelle Wickett
Jessica Schnell	Kimberly Crawford	Milette Coles
Jill Bayes	Kristi Sobolewski	Missie Urch
Jill Downs	Kristin Wiese	Misty Pence
Jill Gillett	Kristyl Arroyo	Nichole De Haan
Jodi Anderson	Lacy Hood	Nicole Maddalone
Jody Kirchner	Laura Birman	Nicole Manwarren
Jonie Davis	Laura Precourt	Olivia Gahn
Josie Miller	Laura Truelove	Paige De Kok
Joy Edgerton	Lauren Bennett	Pam Linne
Judy A Myers	Lauren White	Patrick Roberts
Julianna Moya	Lee Stephens	Patsy Long
Julie Birkeneder	Linda Nieman	Rachel Baer
Julie Jones	Linda Lane	Raeleen Weston
Julie Juno Hayes	Lisa Dixon	Randi Bosin
Kaitlyn Wright	Lisa Hartz	Randi Brown
Karen Covino	Lisa Hays	Rebekah Cantrell
Karen Wier	Lisa Howell	Rita Lynn
Kari Hough	Lisa Laney	Samantha Francis
Kari Ritvanen	Lori Ann Dillon	Samantha Maurer
Karie Seifert	Lori Regenwether	Samantha Sellers
Karrie Boyle	Lori Wood	Sandra Lewis
Kasey Griffin Mexia	Lyndsay DeLargy	Sara Wohlgemuth
Kasey Roberts	Margaret Evans	Sarah Boyle
Katelyn Thompson	Maria Baghasarian	Sarah Johnson
Kathleen Ernette	Maria Diaz	Sarah Roman
Katie Thompson	Marie Darrin	Shalisha Carroll
Kaylin Bulla	Marvin Knepp	Shannon Kerwin
Kelli Hurst	Mary Henry	Shannon Milliken

BEYOND BUCKS

Free Product Earned By Coaches in June

Shawn Kautzsch
Shawna Wheeler
Shelbi Kautzsch
Sherilyn Lehman
Sherry Prather
Sherry Rytlewski
Stacey Barker
Stacy Witscher
Steph Bintner
Stephanie Fisher
Stephanie Hamlet
Stephanie Lowder
Steven Scheeler
Susan Bold-Smith

Susan Vander Waal
Susie DeVries
Suzette Brockenbush
Taharra Benham
Tami Fleeger
Tammy Crabtree
Tara Morgan
Tarin Rivera
Tawny Additon
Teresa Garrison
Terri Medine Dunlap
Theresa Mahoney
Tiffani Mabe
Tiffany Lemaster

Tiffany Palmer-Jones
Tina Burr
Tina Wright
Todd Gwaltney
Tonya Williams
Traci Mckinney
Tracy Wilson
Travis Martin
Trish Liles
Ty Hollingshead
Vicki Wilson
Vonda Isenhardt
Wendy Higham
Whitney Kelly

Get ready to enjoy FREE products! Unlock the potential to earn up to \$200 in Beyond Bucks each month and boost your journey towards amazing FREE rewards!

As a Beyond Slim Coach, your focus is on earning, not spending. When you sign up 2 Preferred Customers, you pave the way for lucrative earnings. Start accumulating Beyond Bucks and discover the excitement of scoring up to \$200 every month! Here's the rundown:

- ✔ Start earning Beyond Bucks by enrolling 2 Preferred Customers (coaches on your team do not count).
- ✔ Maintain your own subscription to the Subscribe & Save Program and place your first order of at least 2 bags of ZipSlim.
- ✔ You earn Beyond Bucks equal to the average dollars of product purchased by your top two personal Preferred Customers' Subscribe & Save orders.
- ✔ Redeem up to \$200 Beyond Bucks each month for free products. The Bucks are applied automatically to your next month's Subscribe & Save order and do not roll over to future months.

PLEASE NOTE, ONLY COACHES (NOT CUSTOMERS) ARE ELIGIBLE TO EARN BEYOND BUCKS.



BEYOND SLIM™

REBOOT CALENDAR

Mindset Monday with Franz

1:30pt / 2:30mt / 3:30ct / 4:30et

Teaching Tuesday with Franz

10pt / 11mt / 12ct / 1et

Workout Wednesday with Franz

9pt / 10mt / 11ct / 12et

Accountability Thursday with Franz

5:30pt / 6:30mt / 7:30ct / 8:30et

Foodie Friday with Franz

To be announced



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